



Chã da Matança

Help us protect biodiversity!
A part of Melgaço's area is located in Portugal's most important preserved area, Peneda-Gerês National Park, which is recognised as World Biosphere Reserve by UNESCO.

HIKING & DISCOVERING

Lamas De Mouro - Dorna route starts at the PNPB Porta de Lamas De Mouro and ends at Dorna Inverneira, in Castro Laboreiro. With about 12 Km, it allows you to appreciate natural, cultural, geological and landscape values, highlighting the great natural interest of the entire route.

Initially, the hike goes along the Mouro River, towards its spring. On the left side, you can appreciate all the richness of the riparian gallery of the river; on the right side, at the top of the slope, you find an outcrop of granitic rock. As a result of a possible detachment of these rocks, you can see several large granite blocks, deposited separately at the bottom of the valley.

When you go up an old stone path that connected Lamas De Mouro to Peneda, you find Portela do Lagarto (a). Looking ahead, a granitic outcrop stands out, a figure resembling a lizard that results from alteration and erosion of granitic rock. On the side of the road, you see Lagarto Alminhas (Shrine), vernacular religious heritage.

When descending and crossing the leafy oak grove, the presence of a thick layer of lichen covering the oak trunks indicates very low atmospheric pollution and the high moss cover demonstrates the humidity of the place.

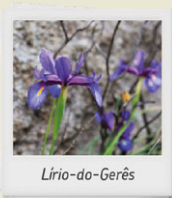
From here, a new ascent leads you to a flattened location, Chã da Matança (B). A meadow at high altitude, with typical marshes, widely used by cattle and horses.

When leaving Chã da Matança, the descent of Serra da Peneda leads you to the Laboreiro River valley, where Inverneiras are located. In Dorna Inverneira, a final point must be highlighted: the bridge of Dorna (C). In Roman times, the area was crossed by a road that connected Portela do Homem to Terra-Chã, Mareco and Castro Laboreiro.

Fauna: Red-backed shrike (*Lanius collurio*), northern goshawk (*Accipiter gentilis*), gold-striped salamander (*Chioglossa lusitanica*)



Salamandra



Lírio-do-Gerês

Flora: Yellowbeard iris (*Iris boissieri*), marsh gentian (*Gentiana pneumonanthe*), holly (*Ilex aquifolium*)



Lamas de Mouro



Dorna Bridge

Did you know Melgaço is a sustainable tourist destination? It is a model of excellence for tourists and of well-being for locals.



descubra

MELGAÇO
o destino de natureza
mais radical de Portugal

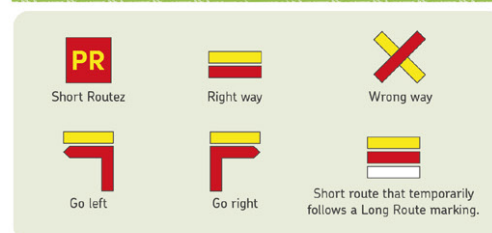
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PRECAUTIONS DURING THE TRAIL

- Wear sensible clothes and shoes:** mountain boots, a hat and a raincoat.
- Do not disturb natural habitats.**
- Respect the signposted trail** and pay attention to the markings.
- Do not litter,** take the rubbish to the appropriate container.
- Respect private property.** Make sure all gates are closed.
- Do not make fire** and do not throw cigarettes on the floor.
- Leave nature unspoilt:** do not collect plants, animals or rocks.
- Do not start the trail** under severe weather conditions such as fog and snow.
- Avoid walking alone** in the mountain and always carry water.
- When there is high or very high risk of wildfires, access might be limited.**
- Be polite** to locals.
- Beware of cattle.** Do not approach litters or cubs.

(*) The route can be travelled at any time of year, but some precautions should be taken in summer due to the high temperatures, and in winter due to the low temperatures, the possibility of fog and snowfall and the accumulation of water in some sections.

TRAIL SIGNPOSTING



USEFUL CONTACTS

Melgaço City Hall
+351 251 410 100

Peneda Gerês National Park
Porta PNPB Lamas de Mouro
+351 251 465 010

Melgaço Firefighters
+351 251 402 599

Melgaço Police
+351 251 404 960

Emergency Line
112

Pedestrian route registered and approved by:



Promoting organisation:



discovermelgaço.pt

TOURIST INFORMATION OFFICE

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4960-567 Melgaço
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E. turismo@cm-melgaço.pt

PENEDA GERÊS NATIONAL PARK
PORTA PNPB LAMAS DE MOURO

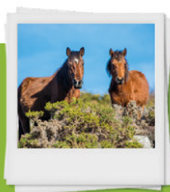
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Co-funded by:



PR 8
MLG **LAMAS DE MOURO**
- DORNA

📍 Lamas de Mouro → 11,9 Km - Linear 📶 📶 📶 Difficult



AND REMEMBER...

Take only memories and photos. Do not leave anything but footsteps.

HIKING TRAIL NETWORK



- 1. Lamas de Mouro - Cevide 15,8 km
- 2. Castro Laboreiro - Lamas de Mouro 6,5 km
- 3. Castrejo 16,7 km
- 4. Interpretativo de Castro Laboreiro 5,2 km
- 5. Megalitismo 25,7 km
- 6. Rio Laboreiro 8,1 km
- 7. Inverneiras 6,0 km
- 8. Lamas de Mouro - Dorna 11,9 km
- 9. Interpretativo de Lamas de Mouro 4,4 km
- 10. Lamas de Mouro - Parada do Monte 9,3 km
- 11. Rio Mouro 18,4 km
- 12. Brandeiro 16,2 km
- 13. Vale Glaciár do Vez 4,3 km
- 14. Aveleira 6,1 km
- 15. Curro da Velha 7,3 km
- 16. Transumância 10,3 km

TECHNICAL DATA

PR Linear

Starting point:

Porta PNP - Lamas de Mouro

42°02'20.7"N 8°11'45.0"W

Ending Point:

Dorna - Castro Laboreiro

41°59'34.9"N 8°09'42.2"W

Distance:

11,9 km

Duration:

06h00 | - | -

Route Type:

Landscape-Cultural

Difficulty:

■ ■ ■ ■ ■

Difficult

Recommended season:

All year (*)

Highest altitude:

1080 meters

Lowest altitude:

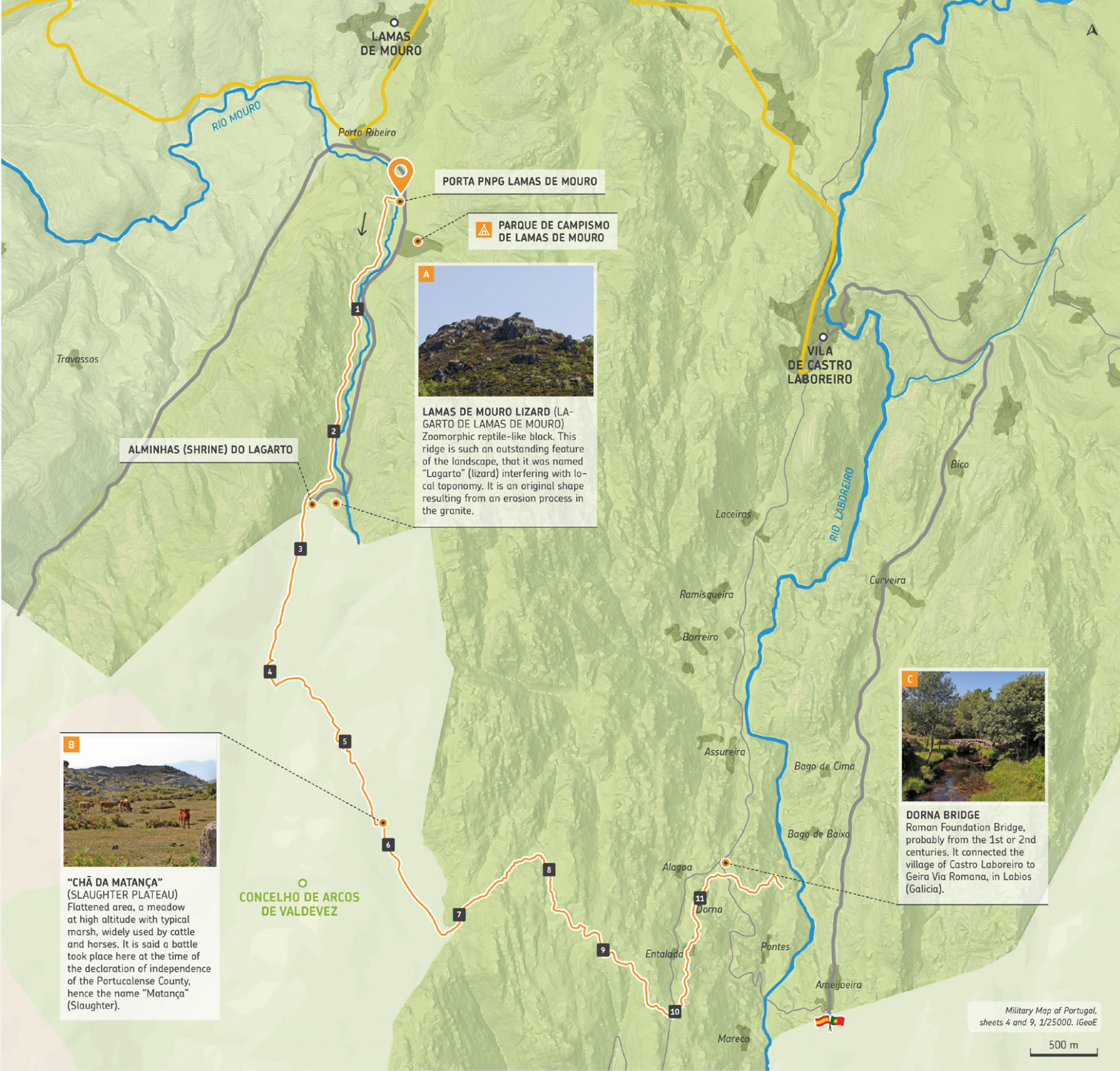
745 meters

Positive elevation gain:

607 meters

Negative elevation gain:

481 meters



Elevation profile:



CAPTION

- Starting point
- Trail marking
- Point of interest
- Milestone
- Primary roads
- Secondary roads
- Tertiary roads
- Preferred direction

How to read milestones:

VIII

1

Identification of the trail

Kilometre